



Dear Parents/Guardians:

Hello, my name is Mrs. Zamonski. I will be your child's Physical Education teacher. I am looking forward to meeting you and getting to know your child. Here's some information that you will need to know for this year:

Your child will need to wear tennis shoes to Physical Education class. Proper footwear is essential for physical activity. Shoes, flip-flops, open-toed shoes, and high heels used for physical activity may cause foot disorders. In addition, injuries could occur when the foot is allowed to move excessively in the shoe or come out of the shoe. Students must always wear socks with tennis shoes. **Your child can bring his or her tennis shoes to change into at the beginning of class if he/she is wearing the wrong shoes.**

A student who does not wear tennis shoes during Physical Education class will be marked unprepared and his/her grade will be lowered for that day.

I give a grade every day in P.E. Class. In order to get a high grade a student has to wear tennis shoes, participate in the activity, laps, warm-ups, and demonstrate good behavior.

If you have any questions, you may call or see me before or after school. If you can't talk during these times, you can make an appointment to talk with me during the day.

Sincerely,

Mrs. Zamonski