

# Matewan Pk-8

## NTI

**Grade Level: 6,7,8**

**Content Area: Physical  
Education**

**Date: April April 27-May 1**

**Teacher: Hevener**

**Teacher's email: mhevener@k12.wv.us  
contact me is: livegrades**

**Another way to**

**Note from Teacher:**

**I hope this message finds you all well and safe. Remember to social distance**

**Today's Lesson:**

**Since we are unable to meet together and do the Fitnessgram, I would like for each of you that have physical education class to see how many push-ups you can do at one time and we will have a competition to see who can do the most. I will post the results and winners after the week is finished.**